

Summer 2011  
Newsletter



MAINE CYCLING CLUB

In The Wheel World

## Maine Cycling Club Summer Picnic

The Maine Cycling Club Annual Summer Picnic was held Saturday June 18th at the Range State Park.

The day started with a morning group ride of about 22 miles.

The afternoon consisted of a pot luck style meal while friends were meeting new friends.

The hot ticket items were the MCC clothing at 50% off! Several members walked away with some new



## Maine Cycling Club Heart Throb!



Central Maine Medical Center cardiac rehabilitation nurses do their "Charlie's Angels" impression along with Dr. William Phillips outside the Lewiston hospital.

As Phillips gave a lecture on heart issues, a member of the audience raised his hand and said.. " I think I am having a heart attack".

Thanks to the quick action by Phillips and the nurses, the patient survived.

From left to right are Brenda Robitaille, Nicola Adams, Dr Phillips and Heidi Langlois. Congratulations to Dr. Bill Phillips and his nursing staff!

Thank You Dr Phillips and The Central Maine Heart & Vascular Institute for your continued support of The Maine Cycling Club!

## Join us on The Dempsey Challenge Oct 8 & 9 , 2011



### TOP 10 DEMPSEY TEAM MEMBERS

- |                                     |                                  |
|-------------------------------------|----------------------------------|
| 1. Buddha Rubbers- 34               | <b>6. Maine Cycling Club- 20</b> |
| 2. Dempsey Center Dudes & Dames -32 | 7. M1 Chemo Commandos- 18        |
| 3. Concentra- 30                    | 8. Team CURE- 17                 |
| 4. Gritty's Team- 21                | 9. Pink Angels- 15               |
| 4. UNITED AMBULANCE- 21             | 10. 4-way tie- 14                |

Join Maine Cycling Club Dempsey Team TODAY! As of 7/7/11 we are in 6th place for the team with the most members. Last year we were #1 with 76 members on our team. Go to [www.dempseychallenge.org](http://www.dempseychallenge.org) and click on our team, Maine Cycling Club and join today! Walkers, runners & cyclist, all can join on to our team. Ask a friend, co-worker or family member...come on and join the challenge!

## Maine Cycling Club says THANK YOU to our Sponsors!

### Jersey Sponsors:

Audio Systems, Central Maine Bariatric Surgery, Central Maine Heart & Vascular Institute, Colonial Ridge Condos, Curry Printing & Mailing, Dignity Memorial, Dr. Gerald Nadeau, John Marchesseault Heating, Kelly Barrett Millett Reality, Rainbow Bicycle & Fitness, Smith Reuter Lull Architects, and Sun-Journal.

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