

Spring 2011
Newsletter



MAINE CYCLING CLUB

In The Wheel World

Maine Cycling Club March Social



Mary Dempsey is presented with a MCC Honorary membership at the March Social Membership Drive March 2, 2011!

Mary spoke to the MCC about her experience with the infamous “Horner Technique” of hill climbing that she received from Pro Cyclist Chris Horner! Lucky woman! When you see Mary, ask her about it!

Jim Wilkins of The Auburn Nordic Ski Association explained the many benefits of cross training during the off riding season by taking advantage of the Maine Cycling Club and Auburn Nordic Ski Association joint membership!
“The trails were fabulous with all the snow this year so plan to make that joint membership next year”!



Wendy Tardif the Events manager for The Dempsey Challenge spoke to the group about the new 70-mile loop that was added this year! Now you have a choice of 10, 25, 50, 70, or 100!

Please visit: www.dempseychallenge.org and join the Maine Cycling Club Dempsey Team TODAY!

MCC Member Honored



Dr. Gerald Nadeau, left, receives an award from Market Surveys of America naming Nadeau as greater Lewiston/Auburn’s Best Chiropractor for 2010. Nadeau has practiced in Auburn for 25 years!

Congratulations Dr. Gerald Nadeau and Thank You very much for your continued support of The Maine Cycling Club!

Turbospoke Winner!

MCC and The Dempsey Center



Dr. Bill Phillips demos his winning Turbo Spoke bike attachment at the March Social!

The Prize: The highly Coveted, very popular, and hard to come by, MCC wind tech vest!

Oh Yeah!



Maine Cycling Club presents a check for \$182.00 to The Dempsey Center for Hope & Healing!

Maine Cycling Club says THANK YOU to our Sponsors!

Jersey Sponsors:

Audio Systems, Central Maine Bariatric Surgery, Central Maine Heart & Vascular Institute, Colonial Ridge Condos, Curry Printing & Mailing, Dignity Memorial, Dr. Gerald Nadeau, John Marchesseault Heating, Kelly Barrett Millett Reality, Rainbow Bicycle & Fitness, Smith Reuter Lull Architects, and Sun-Journal.

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